



**Point O' Woods Beach 5K (3.1 miles)**  
**2023 Run/Walk Road Race**  
**Saturday, July 8, 2023 – 9:00 a.m.**

**Register on the Point O' Woods website: [www.pointowoodsct.com](http://www.pointowoodsct.com)**

**Registration Fee: \$25 (includes t-shirt)**

*Same-day registrations are welcome; however, must register by June 10 to guarantee t-shirt size*

- *Pre-registration/packet pick-up on Friday, July 7 from 6:00-8:00 pm at the Pavilion*
- *Same-day registration and packet-pick up on Saturday, July 8 from 7:30 – 8:45 am*
- *All participants must sign a liability waiver to participate*
- *Race starts promptly at 9:00 am*
- *Awards ceremony will be held at 10:30 am in the Pavilion parking lot (prizes will be awarded for the best Overall Male and Female, Youth 18 and Under, and Senior 65 and Older)*

The Point O' Woods 5K is not open to the public. You must be a resident of Point O' Woods Beach or a friend of a Point O' Woods resident to participate. All visitors will be required to check in with security at the front gate. No public parking is available in or around the Point O' Woods Beach Association.

**Point O' Woods roads will be used for the Road Race from 9:00-10:30.**  
**All residents are reminded to plan accordingly and to please exercise caution if driving.**

# 2023 Road Race Route

Lead golf carts will be ahead of both runners and walkers for guidance

1. Exit parking Lot
2. Right onto Ridgewood
3. Left onto Joffre
4. Right onto Ridgewood
5. Left onto Connecticut, then straight onto Massachusetts  
(go straight all the way down to lot)
6. Right onto the Connecticut (all the way to the guard shack)
7. Right onto Hillcrest (Heartbreak Hill)
8. Left onto Walnut
9. Right onto Seaview
10. Right onto Hillcrest
11. Right onto Carrington
12. Left onto Oak
13. Left onto Hillcrest
14. Right onto Sargent
15. Right onto Hough
16. Right onto Ridgewood
17. Left onto Connecticut, then bear right onto Connecticut
18. Left onto Massachusetts (in front of parking lot exit)
19. Right onto Joffre
20. Straight into parking lot entrance